Jump Start Coach Profiles

Donna Sinrud

I enjoy helping students apply for scholarships as they seek to become the best that they can be. This will be my third year as a Jump Start Coach.

Before retiring and moving to The Villages, I spent my career with AT&T as a salesman, trainer and instructor. I lived in Washington DC but traveled around throughout the states to train, sell, and install communication systems for the federal government.

Debbie Wile

When I'm not at WMHS helping out with various volunteer activities, I'm an avid field hockey player and world traveler. I'm a retired educator from Pennsylvania and love helping seniors explore various college campuses offering majors they want to consider. I'm also interested in working with seniors interested in developing budgets to manage their money.

This will be my third year as a Jump Start Coach.

Allen Phelps

As a grandfather of five current and/or recent college students, I helped them think about the WHY-GO-TO-COLLEGE questions like: How and where do you see yourself in five years? or Beyond college, what do you want to do in life?

This will be my third year as a Jump Start Coach. Until 2020, I was a college professor for 35 years in the field of career development and technical education. I enjoy helping young people discover new things about themselves, and the opportunities created by internships, different college majors, and working while in school.

Woody High

I look forward to talking with seniors about their futures, finances, other scholarships, choosing a major, and other questions. My goal is to help students get a good start on the rest of their lives.

At the end of high school, I told my Dad that I couldn't decide between majoring in music or engineering. He said, "if it's music, you can pay for it!" It was good advice, and I still do music as a hobby.

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Darlene Rocker

I am grandmother who just finished helping my grand-daughter move into her dorm for her freshman year. Our chats over the past few months have helped me understand the many things that seniors have to think about as they plan for life after high school.

This is my second year as a Jump Start coach. As a registered nurse (RN), I enjoy working with seniors considering Health Service careers. As a lifelong, local resident, I'm very interested in maintaining and promoting the legacy of our ancestors in Sumter County.

Shug Brandell

I'm an active member of the Booster Club and particularly enjoy mentoring students in the Jump Start program. This will be my third year as a Coach.

For most of my career in Michigan, I helped high schools develop their school improvement plans. I look forward to helping the WMHS seniors explore dual-credit opportunities, internships, community service, campus visits, and other early college programs.

Colleen Del Terzo

Having retired as a large urban high school principal in southern Florida, I enjoy helping seniors think about the important role that colleges or tech schools can play in their future. For the past three years, I have helped several WMHS seniors create reflective essays for their scholarship and college applications at highly competitive schools. Many have been successfully admitted to UF and FSU with multiple scholarships and grants. This year I look forward to working closely with seniors and the Grade 12 ELA instructors.

Like other coaches, I have grandchildren attending FL colleges and universities, so I can relate to the challenges you are thinking about. If you have a college or scholarship essay draft that you would like me to review, you can send it to: cdelterzo@gmail.com

Bruce Williams

I have been an active member of the Booster Club since it was established. The Jump Start scholarship program is one of the best things going at WMHS, and I'm pleased to have been a coach for the past two years. Some of the students who I have coached are enjoying success at Withlacoochee Tech.

After graduating from the University of Florida, I started and continue to manage a number of small businesses in central Florida. In the Booster Club, I'm known as MR. GATOR.